

## WEEK THREE: DARE TO DREAM

# DIGITAL DATE NIGHT WEEKLY CHALLENGE



### GROUND RULES:

- Take a break from talking about the usual suspects—money, kids, in-laws. This is not a time to take care of checklists, this is time to build your relationship.
- As much as humanly possible, stay off of technology. Only text or take a call if it is an emergency. Everyone and everything will be okay.
- In many relationships, there is a talker and a non-talker. If you are married to a non-talker, when he/she talks tonight, they might not do it as well as you. So believe the best in them as they find the words.

### SCRIPTURES:

“Cause me to hear Your loving kindness in the morning,  
For in You do I trust; Cause me to know the way in which  
I should walk, For I lift up my soul to You.”

Psalm 143:8

“For I know the thoughts that I think toward you,  
says the Lord, thoughts of peace and not of evil, to give  
you a future and a hope.”

Jeremiah 29:11

### PRAYER FOCUS: GROWTH IN OUR MARRIAGE

“Dear Heavenly Father, Please help us to grow. Give us the wisdom to put aside our desires for those things that we know to be good.

Grant us the strength to exercise the areas of our lives where we lack. Give us a focus and the perseverance to run. May we step out in faith rather than sitting around waiting for motivation to move us. We know what we should be doing, and we know what we should be changing, but we're lacking self-discipline. Give us the wisdom to grow and the strength to move forward.— Amen”

**ACTIVITY & QUESTIONS:** Grab a dessert or snack and spend some time together comparing and developing your goals and dreams.

1. If you had to pick a different city for us to live in, and proximity to family and friends did not matter, which city would it be?  
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2. If you were to plan a vacation for just the two of us, where would it be?  
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3. What is something you've always wanted to do but haven't for whatever reason?  
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4. Which item on your list would you like to do in the coming year?  
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5. Are there things you've done that you would want to do again?  
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6. What is one thing you want for us in 5-10 years?  
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7. What is one thing you want for us in 10-20 years?  
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### KEEP IT GOING:

Apply some of these other ideas throughout the week to keep your connection going.

- Catch your spouse doing well and encourage them when you see evidences of grace in them.
- Work a puzzle or play a game together.
- Go on a bike ride or enjoy an outdoor picnic together.
- Cook a special dinner and have a candlelight dinner together.
- Pick a fun book and read it together.
- Order fancy teas and coffees online for times to sit, enjoy and talk.
- Get out an old map and plan a dream drive across the country and mark the fun sites you could see.

### GOING DEEPER BONUS ACTIVITIES:

Want to go even deeper? Try these additional ideas to enhance your time together.

**MAKE VISION BOARDS** - A vision board is a fun project where you create a physical board of images, quotes and things you write down to describe what you want in life. Getting creative and discussing it is a fantastic way to learn more about each other. You can also make virtual boards using programs like Google Slides or Pinterest.

**PLAN AN IDEAL VACATION** - You could research various places where you'd like to take a trip and talk about why you want to go there. Get know more about one another and learn about new destinations you'd never known before.

**LEARN A LANGUAGE** - If you both like languages and travel, consider having a date, or multiple dates, where you learn a language together. You could use a website like Duolingo or search YouTube for some classes to help you improve your language skills. This way you can communicate romantically in more than one language!

